

An Adoration Conversation with Victoria Siedlecki

Interviewed by: Kara Landon

Victoria first became a Catholic just over a decade ago. “It took a long time for me to truly believe in the True Presence.” Like many of us, she questioned this belief, but after time in prayer and discovering her faith, she came to believe in the True Presence. Two years ago, after feeling something was missing from her prayer life, she began attending weekly adoration.

The missing piece was a calm, serene space to pray and converse with her best friend. What she found in the chapel was our fully exposed Lord in a golden monstrance, guarded on each side by glimmering candles, waiting for her. “I find the atmosphere uplifting, holy, and quieting. With all the lists and worldly distractions swirling around me, I am less in tune with Jesus. The sacred space and silence draws my focus back to Him.”

As she sits in that sacred, silent space, she is aware of Jesus offering himself completely to her. “To see Jesus fully exposed opens me completely to Him as he reveals to me deeper parts of myself. My weekly meeting with perfection allows me time to sift through the layers the world places on my soul and talk with God about them. I experience his deep peace and burning love as He provides me with perspective as to what really matters.”

Weekly conversation of the heart and soul with our Lord changes us. In Victoria’s case she is more vocal about Jesus in the Eucharist and invites friends to attend with her. “There are countless ways to grow in our relationship with Jesus, and we, as brothers and sisters in Christ, are called to encourage, support, love, and invite others to embrace Jesus.”

All devoted relationships require work to grow and strengthen. “Adoration is one of the best ways to stay committed to my relationship with Jesus.” Her recommendation if you are pondering adoration is to approach our Lord and empty yourself, pray to and with him, and give yourself permission to be filled to overflowing with Jesus’ peace, mercy, and love. It is a transformative and joyful encounter that will change you forever.

Is Jesus calling you to adoration? If so, please swipe to answer His call. It will be the most transformative call of your life.

All are welcome during adoration times. Please stop in Wednesdays during Faith Formation from 4:30 – 7:30 pm or every Friday from 8:30 am – 5 pm.

Victoria and Kara are both parishioners at St. Bartholomew Catholic Faith Community in Wayzata, MN. 2019.